

**WITHDRAWAL OF NOTICE/WAIVER OF CLAIM**

*When to Use this Form*

*A Form P7 is used if a spouse decides to withdraw a notice or other document delivered to the administrator/annuity issuer, or give up the spouse's claim to the benefits. A Form P5 or P7 cannot be withdrawn by this form, and a notice cannot be withdrawn once the benefit division arrangements are completed.*

[Please print]

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**To: Administrator of plan/annuity issuer**

Name of plan/annuity.....  
Address of administrator/annuity issuer .....

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**From: Spouse of member/annuitant** [Note: "spouse" includes a person who has lived in a marriage-like relationship with the member/annuitant for a continuous period of at least two years and also includes a former spouse.]

Name of spouse.....  
Address .....

Email address .....

Telephone (home) ..... (work) .....

Social Insurance Number .....

Date of birth .....

[If spouse is deceased]  
Date of spouse's death .....

Name of spouse's personal representative:.....

Contact information for spouse's personal representative: .....

[The administrator/annuity issuer will use this information to contact you about important matters. Make sure it is accurate and that you promptly advise the administrator/annuity issuer of any changes.]

**In relation to: Plan member/annuitant**

Name of member/annuitant.....  
Address .....  
.....  
Email address .....  
Telephone (home) ..... (work) .....  
Social Insurance or Plan Identity Number .....  
Employer .....

[Check the correct box.]

- I withdraw the notice in Form ..... dated .....[date].
- I withdraw .....[identify document] dated .....[date].
- I withdraw all forms and documents filed in connection with my claim to an interest in the member's/annuitant's benefits and waive my claim to any interest.

Signed: .....

[ ] spouse [ ] personal representative of the spouse

Date .....

Signed (witness) .....

Name of witness

.....

Address of witness

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**COMMENTS AND INSTRUCTIONS**

Your interest in the benefits is important, and the *Family Law Act* provides that withdrawing forms or documents, or a waiver of division of benefits, is not effective unless it is in this form. When dealing with valuable assets, obtaining legal advice is usually considered prudent. This form is not a substitute for legal advice.